

November 16, 2024

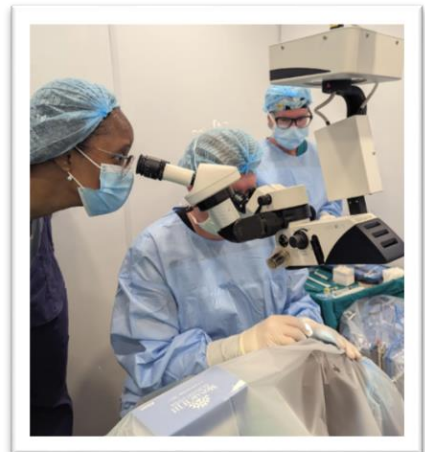
Dear iCARE Partners, Supporters, and Volunteers,

Once again we have finished another two highly successful eye care weeks in Jamaica and another amazing year of service. Our free clinics were conducted during the weeks of October 7 and November 4, 2024.

The clinics were held at the very spacious Westgate Hills Baptist Church in Montego Bay, St. James, where we set a new record by over 100 for the number of prescription glasses to be made, and Exchange Seventh Day Adventist Church in Ocho Rios, St. Ann. Our world-class 5-person surgical team also conducted a week of surgery at Cornwall Hospital in Montego Bay, St. James setting a record for number of eye surgeries in a single week. During our second week our MD traveled to Cornwall Regional Hospital to conduct PRP laser procedures.

Over these two weeks of service we were able to treat 3,377 patients. Our teams worked diligently in very hot conditions to ensure that we were able to provide needed treatment for as many as possible. Our services included full eye exams, glasses (prescription, reading, sun), pathology referrals, medications, cataract and MIG (minimally invasive glaucoma) surgery, PRP (panretinal photocoagulation) laser procedures for diabetic retinopathy, and hypertension/diabetes screenings with education. The clinic days are intense and rewarding.

During our second week of clinic in Ocho Rios, we were unable to serve one day due to the passing of Tropical Storm Raphael. We made up for it by serving for a day at Sandals Ochi treating 329 employees.

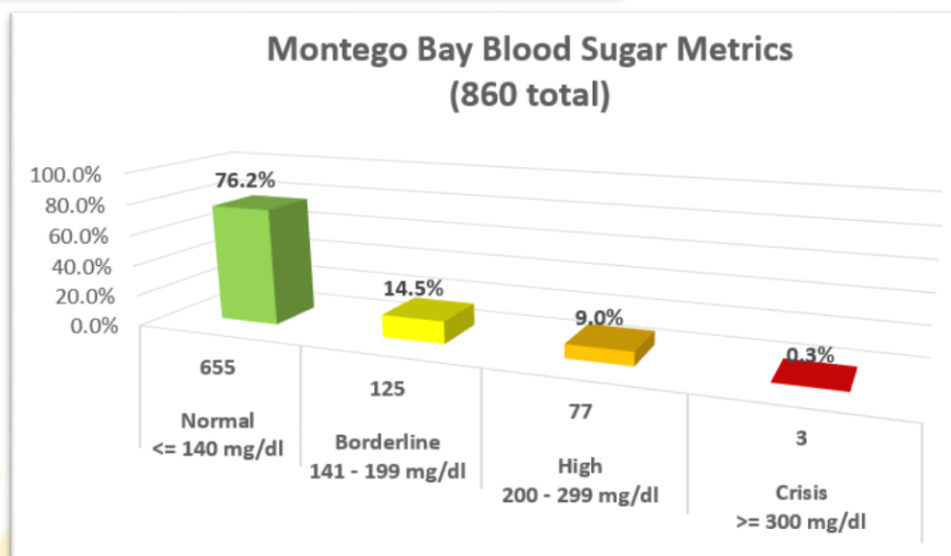
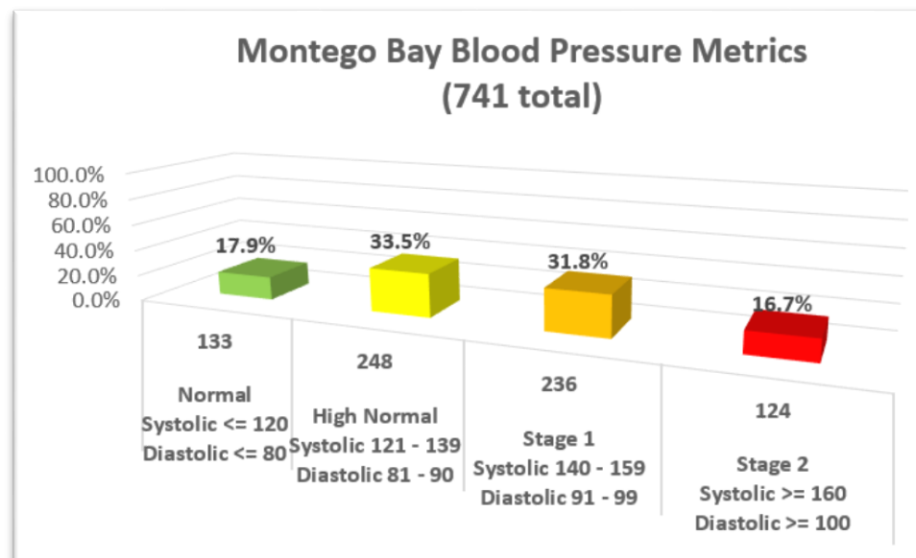


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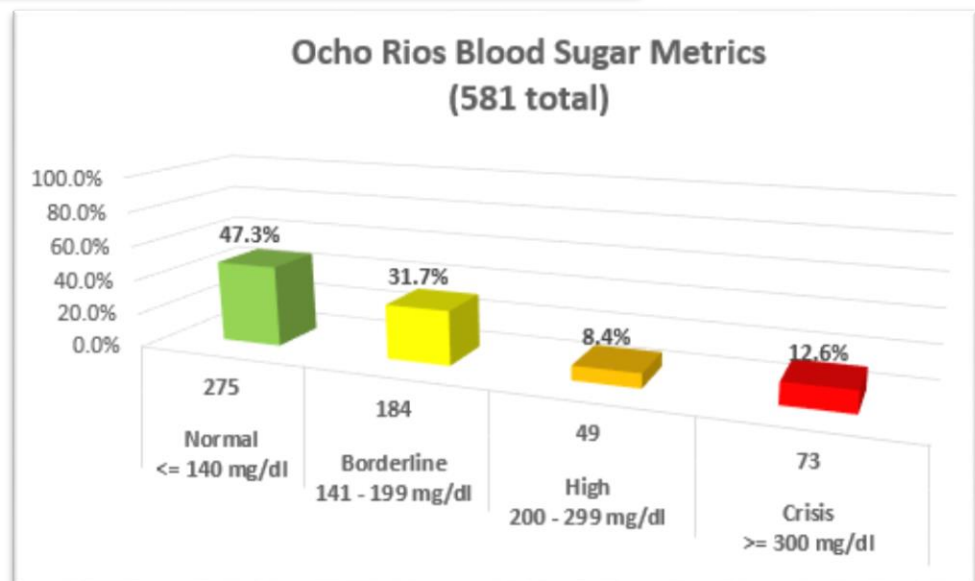
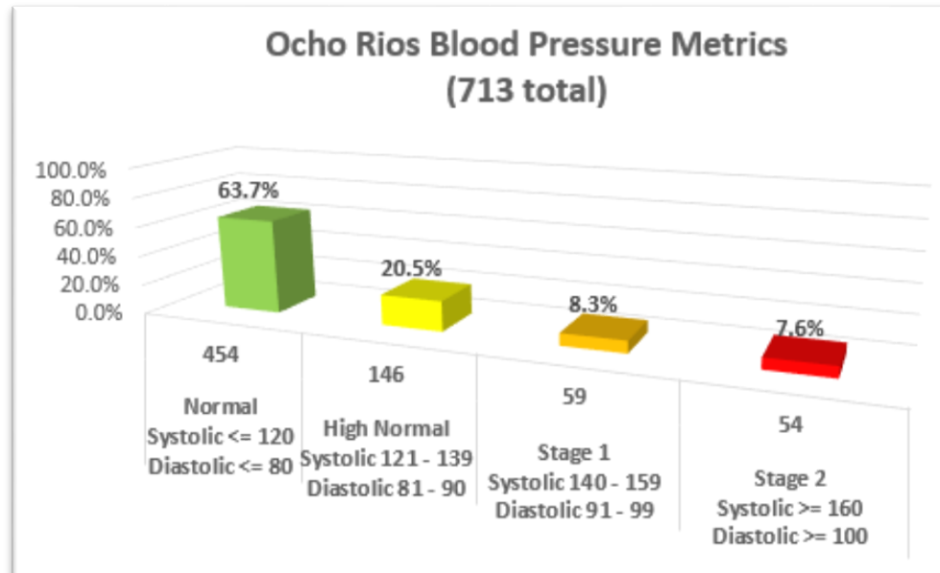
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Our health evaluation team screens patients over 45 years of age with a family history of hypertension or diabetes, who have not recently been tested or who ask for a test for any reason. Those exhibiting unhealthy levels were educated on methods to restore health and referred to their local health care provider for immediate care if needed.

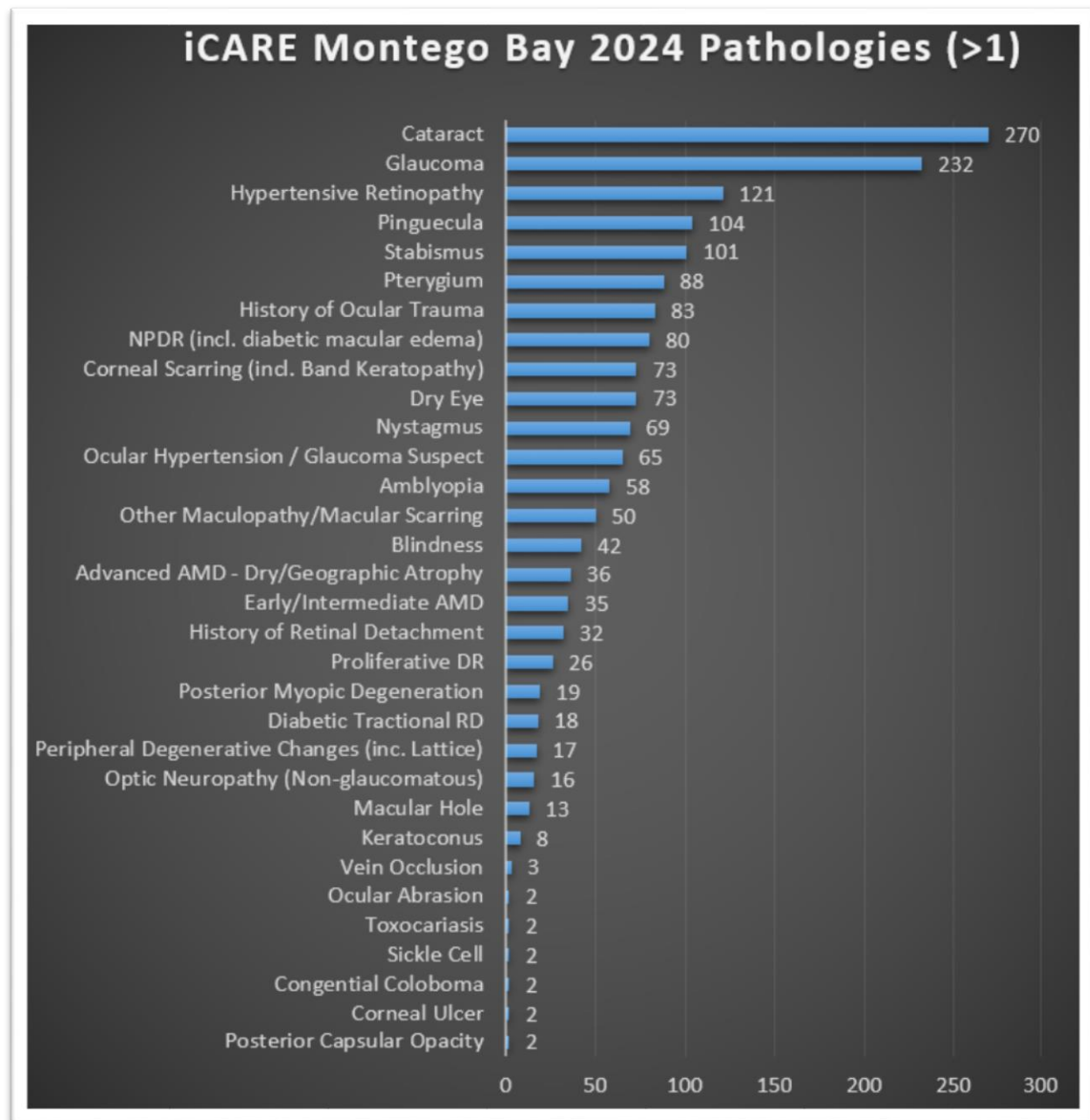
In our Montego Bay clinic, 82.1% of those screened for hypertension exhibited higher than normal blood pressures, with the highest reading of 198/120 (see chart). 23.8% of those screened for blood sugar exhibited higher than normal glucose levels, with the highest reading of 402 (see chart).



In our Ocho Rios clinic, 36.3% of those screened for hypertension exhibited higher than normal blood pressures, with the highest reading of 265/155 (see chart). 52.7% of those screened for blood sugar exhibited higher than normal glucose levels, with the highest reading of 583 (see chart).



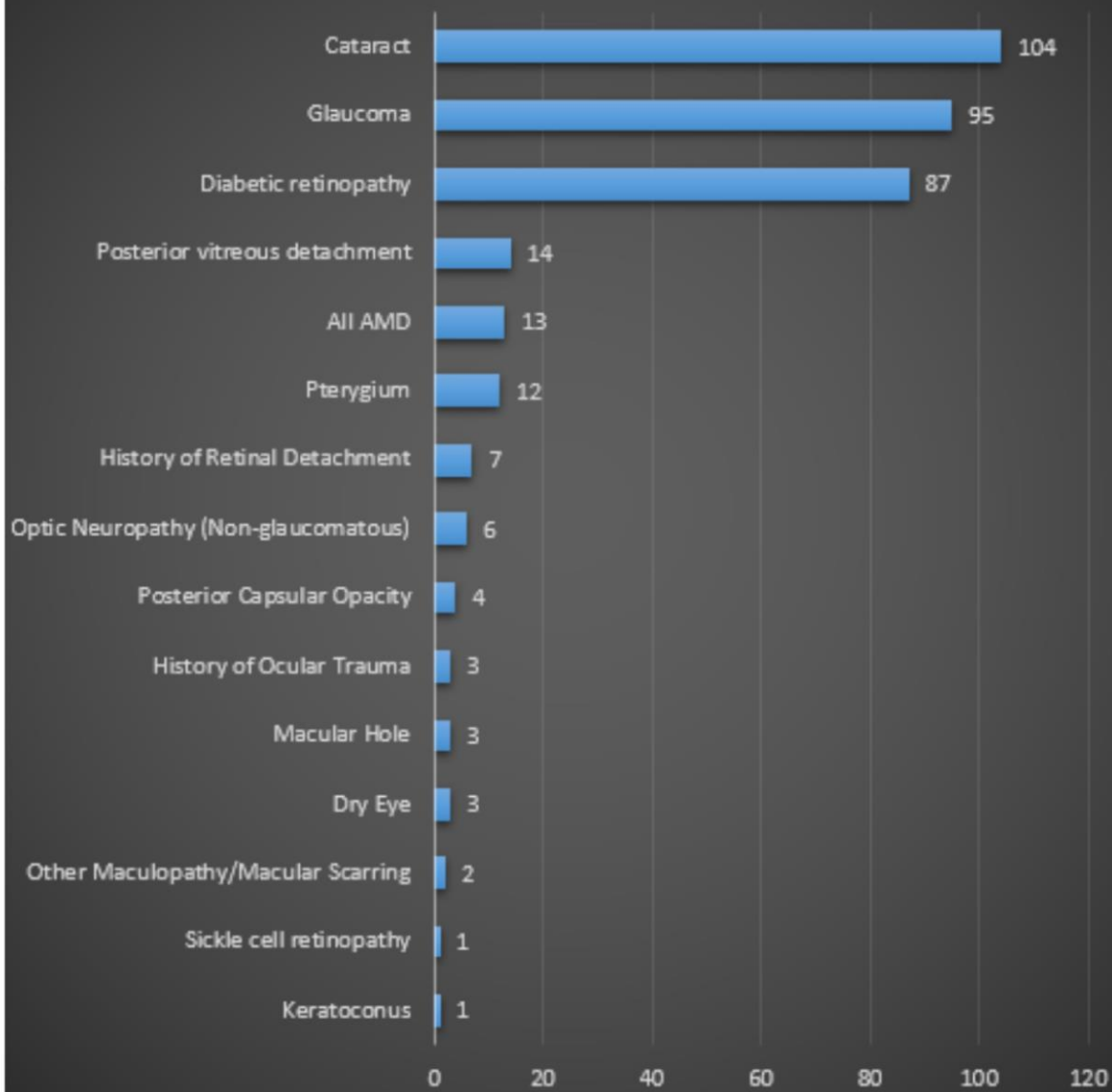
The following graphs outline the number of pathologies diagnosed in our two Jamaica clinics:



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iCARE Ocho Rios 2024 Pathologies



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The metrics for iCARE 2024 Jamaica are as follows:

Clinic Site: Westgate Hills Baptist Church – Montego Bay, St. James

Surgical Site: Cornwall Regional Hospital – Montego Bay, St. James

October 7, 2024 to October 11, 2024

- 52 volunteers (includes 5-person surgical team) & 1,991 patients
- 57 cataract & 27 MIG surgeries (a record for iCARE and Cornwall Regional Hospital)
- 1 IOL reposition & 1 ectropian
- 860 health screenings for hypertension with education
- 741 health screenings for diabetes with education
- 866 pairs of prescription glasses will be dispensed. We distributed 77 in clinic and we will fabricate 789 custom made pair in the U.S. (a record by over 100 pairs) to be returned in January.
 - 44.8% of total clinic patients seen required prescription glasses.
- distributed ~752 reading glasses & ~2,291 sunglasses
- medical referrals to public or private healthcare system
- ~US\$389,057 retail value of medications dispensed

Clinic Sites: Exchange Seventh Day Adventist Church – Ocho Rios, St. Ann (Nov 4, 6, & 7)

Sandals Ochi Ballroom – Ocho Rios, St. Ann (Nov 8)

Laser Site: Cornwall Regional Hospital – Montego Bay, St. James (Nov 7 & 8)

November 4, 2024 to November 8, 2024

- 39 volunteers & 1386 patients
- 28 PRP laser procedures
- 713 health screenings for hypertension with education
- 581 health screenings for diabetes with education
- 682 pairs of prescription glasses will be dispensed. We distributed 40 in clinic and we will fabricate 642 custom made pair in the U.S. to be returned in February.
 - 50.2% of total clinic patients seen required prescription glasses.
- distributed ~529 reading glasses & ~1,578 sunglasses
- medical referrals to public or private healthcare system
- ~US\$389,057 retail value of medications dispensed

Totals for both Jamaica weeks:

- 3,377 patients
- 6,698 pairs of glasses



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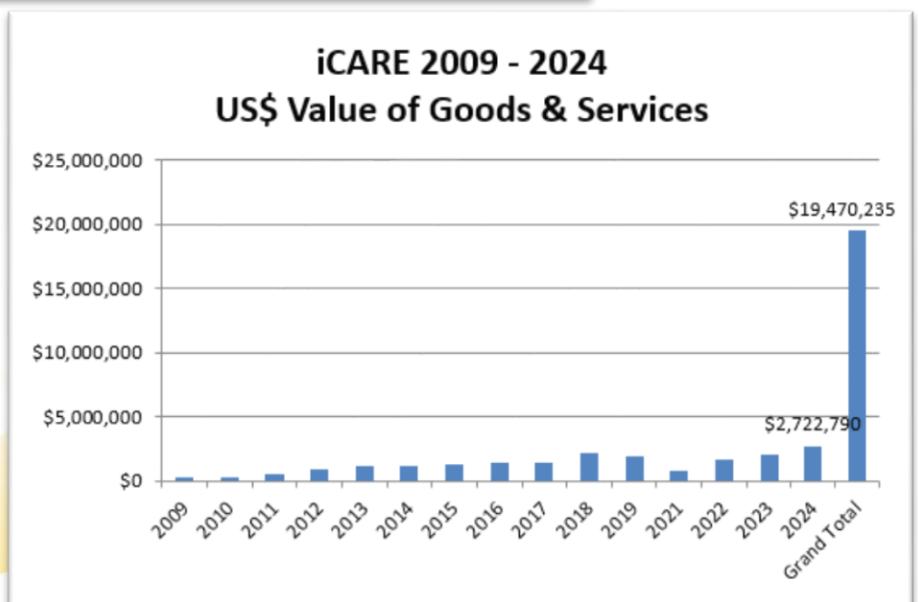
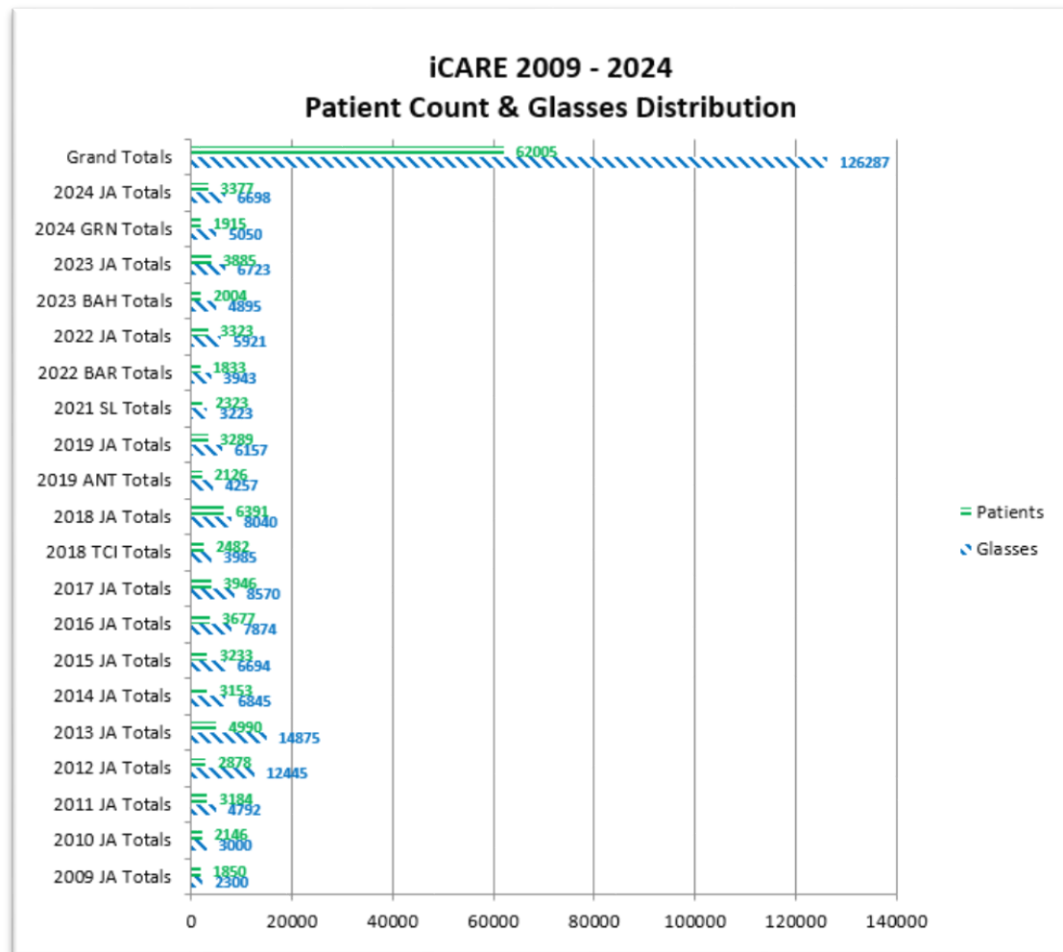
The estimated total value in goods and services for both Jamaica clinics combined is ~US\$1.885 million. Including our week of service in Grenville, Grenada in August, iCARE 2024 served in total 5,292 patients, with total goods and services valued at ~US\$2.722 million.

Since our inception 15 years ago, iCARE has conducted 33 weeks of clinics and 8 weeks of cataract/MIG surgery – providing the following critical services and goods free of cost to the beautiful people of Jamaica, Antigua, Turks & Caicos, St. Lucia, Barbados, The Bahamas, and Grenada at an estimated total value of over **US\$19.470 million**. This encompasses:

- 62,005 eye exams and procedures (includes 323 cataract surgeries, 77 MIG surgeries for glaucoma, 820 SLT laser procedures for glaucoma, 160 PRP laser procedures for diabetic retinopathy, 2 laser retinopexies for detached retina), 1 IOL reposition, and 1 ectropian.
- 126,287 glasses (includes prescription, reading, and sunglasses)



The following graphs illustrate our patient & glasses totals and the value of goods & services over our 15 years of clinics. Note that patients receiving eye exams/services and additionally surgery/procedures are counted twice in this graph, as they are two separate services:



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As always, we are forever grateful to Sandals Foundation and Sandals Resorts for our incredible partnership, commitment, and generous support which provides us the ability to impact thousands of lives throughout the West Indies. Thank you Adam Stewart, Heidi Clarke, Christopher Elliott, Rochelle Forbes & team, Carol Bourke, Lyndsay Isaacs & team, Patrice Gilpin, and the entire staff of Sandals Foundation, and Sandals Resorts.

Big acknowledgements to Reverend Michael Francis & team, Westgate Hills Baptist Church, Pastor Summerbell & team, Exchange Seventh Day Adventist Church. Thank you for your generosity in hosting us and allowing us to conduct our clinics at your lovely parishes. We appreciate your tremendous support and trust.

Special thanks to Tiffany Delaney, Joseph Wright, the board of Great Shape! Inc., Leana Rinaldi, Sight is a Right, Michael Walach & Quest Vision Care Specialty Lab, Onesight EssilorLuxottica Foundation, americares, Dr. Brian Haugen, Dr. Ryan Vincent, Heather Rush, and the entire surgical team, Drs. Rose & Gary Knowles, Drs. Jenna & Travis Zigler, Eye Believe Foundation, Jamita Yizar, Dr. Michael Lai, New York Eye and Ear Infirmary of Mt. Sinai, Nicole Trifilio, Pennsylvania College of Optometry, SEE International, Dr. Alex Pinhas, Dr. Tim Lynch, Dr. Kathy & Karl Ward, Brenda Travis, Mary Seguti, Hillsborough Community College, Shalom Anderson, Diane Kenney, Patricia Jones, Amanda Arnold, Kurt Fischer, Jason & Malkah Forbes, Cheryl Goldberg, Olive Campbell, VOSH & SVOSH International multiple chapters throughout the US and Canada, National Vision, Restoring Vision, Jamaican Ministry of Health & Wellness, all of our local volunteers, everyone transporting equipment, and all of our many supporters.



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And finally, deep, heartfelt gratitude to our incredible teams of volunteers from the US, Canadian, UK, & Jamaica who served with purpose, humility, and heart. Big up Abbie Mason, Ahdal Sekhon, Alek Karthikeyan, Alice Lim, Alison Fleming, Allison McClure, Amanda Arnold, Anthony Paniagua, Ashanti Anderson, Atif Khan, Aunica Rybar, Becki Schoepke, Ben Shoop, Brian Haugen, Candy OKeefe, Carol Grandison, Cay Cooney, Christie Vincent, Christopher Schlarb, Cindy Hall, Craig Bowen, Crystal Blevins, Cynthia McBean, Diane Kenny, Dolores Chenoweth, Don Fleming, Elyse Shoop, Gary Knowles, Gigi Florentino, Heather Rush, Iris Stone, Jackie Walker, James Arnold, Jamita Yizar, Jeanne Donahue, Jenna Zigler, Joanna Gerasimidis, Jordan Katz, Judith Parker, Julia Cortinas, Kayla Sansom, Kayley Lammel, Kristina Frazier, Kristy Houck, Laine Higa, Linda Pode, Lucena Ellis, Luis Trujillo, Lynn Desrochers, Malik Jayber, Marcy Fleming, Mariam Majid, Mary Seguiti, Melissa Young, Michael Lai, Michelle Wemhoff, Monica Chan, Nichola Mason, Nichole Aiadeh, Nicole Trifilio, Patricia Jones, Patrick Stone, Radha Patel, Roland Desrochers, Rose Knowles, Ryan Vincent, Sandy Miranda, Sarah Gullikson, Sarav Chouhan, Shalom Anderson, Shirin Ludwig, Sophia Boris, Stella Decius, Sue Girling, Sureka Suntharavel, Susan Duman, Susan Hunter, Sweta Patel, Tess Grabner, Theresa Enriquez, Timothy Lynch, Travis Zigler, Tsion Demissie, William Yee, and Zack Scott.



Your hard work and selfless service to others is inspirational and the manifestation of **One Love** in practice. It is always my honor and privilege to know you and to serve with you. You are all heroes! Most will never do what you do. Talk is cheap, but you all walk the walk. Respect!



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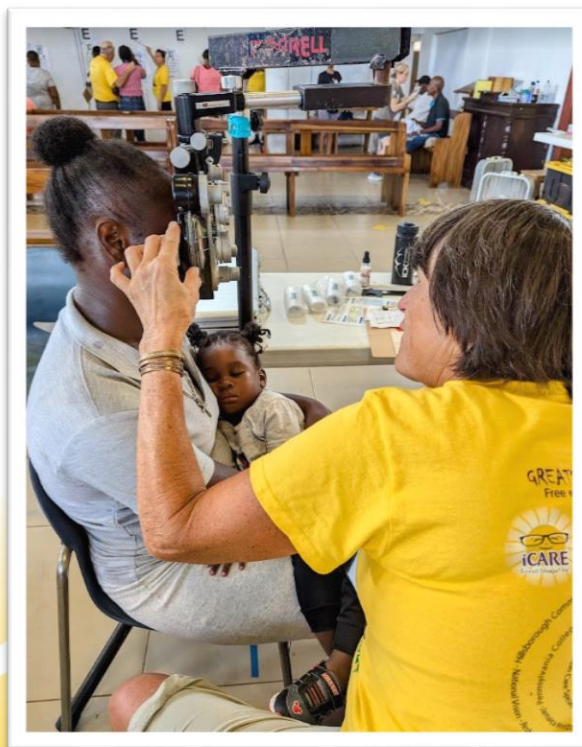
These are our last clinics of the year. We look forward to conducting four more in the Caribbean in 2025. iCARE continues to grow and help more and more throughout the West Indies. Please stay connected and follow us online.

Everyone deserves vision!

Blessings, thank you, and one love,

Steven Stern

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