



Sight is a Right

May 29, 2024

Todos Santos 2024 Mission Report

Dear Sight is a Right Partners, Sponsors, Supporters, and Volunteers,

Sight is a Right had another huge success with our Todos Santos 2024 mission in Baja California Sur, Mexico. Our mighty, dedicated, hard-working team served 2,259 patients during just 4 days of clinic. We had many local volunteers who helped greatly with Spanish translations and other various tasks.

Our amazing partner in this endeavor was Padrino Children's Foundation/Fundación Padrino Todos Santos (padrinocf.org), a dynamic 501(c)(3) non-profit organization located in Todos Santos, Baja California Sur – formed to provide access to professional medical care for children in need and promote wellness for children in the community of Todos Santos and the surrounding region.



Our volunteers, arriving from the US, Canada, and Mexico, flew into Cabo San Lucas Airport and were shuttled to Todos Santos on Saturday, May 18. Todos Santos is a small, picturesque, coastal town in the foothills of Mexico's Sierra de la Laguna Mountains, on the Pacific coast side of the Baja California Peninsula, about an hour's drive northwest of Cabo San Lucas.

Our clinic was located in the center of town at the Iglesia De Nuestra Señora Pilar. It was only a few blocks from where we conducted our last clinic

here in 2019. Each day inhabitants queued, eager to receive free, life-changing eye care. The crowds were orderly and patient.

All of our equipment and supplies were hand carried by the team into the country. We ensured that every patient received the glasses they needed – whether it was reading, prescription, or both. We also brought a small assortment of prescription glasses and a large amount of pharmaceuticals – predominately for glaucoma. If a suitable pair of glasses was not available, the patient was fitted with a pair of frames of their choice. We will make their glasses in the US and will personally return them in the next 3 months when they are complete.



Our doctors diagnosed a wide variety of ocular disease with 10% of all patients examined exhibiting a pathology. More than 150 referrals for 284 pathologies found were given for cataracts, pterygia, glaucoma, diabetic retinopathy and others. Our patient population included a high percentage who experience daily intense sun exposure without eye protection (with the exception of hats). Therefore, cataracts and pterygia were the most common pathologies encountered. We counselled on the importance of wearing sunglasses, and made sure everyone left with a good quality pair as part of our complete care. Canes were also provided as needed.

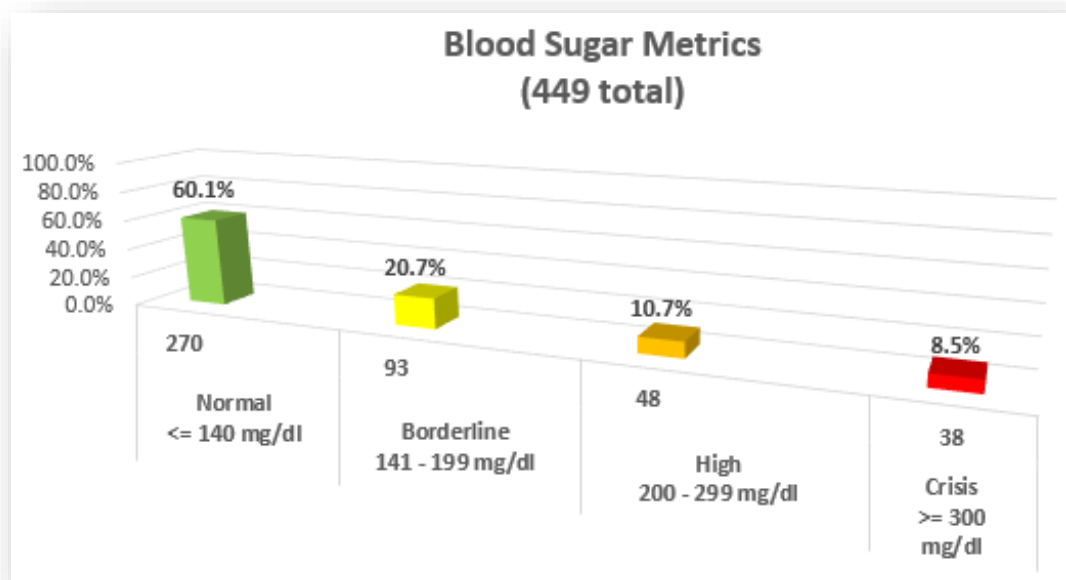
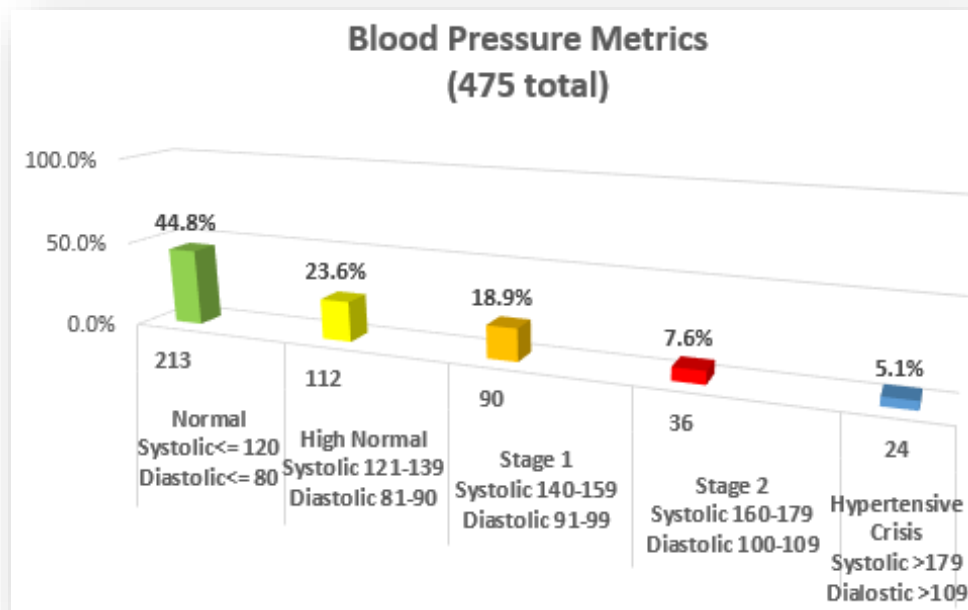
	Total	% All Pathologies	% All Pathology Patients	% All Patients
Total Pathologies:	284			
Cataract	79	27.8%	49.4%	5.16%
Pterygium	43	15.1%	26.9%	2.81%
Dry eye	28	9.9%	17.5%	1.83%
Non-proliferative diabetic retinopathy	27	9.5%	16.9%	1.76%
Glaucoma	25	8.8%	15.6%	1.63%
Glaucoma suspect	14	4.9%	8.8%	0.91%
Proliferative diabetic retinopathy	14	4.9%	8.8%	0.91%
Corneal scar (including band keratopathy)	10	3.5%	6.3%	0.65%
Dry adv. age-related macular degen. - Geographic atrophy	9	3.2%	5.6%	0.59%
Hypertensive retinopathy	5	1.8%	3.1%	0.33%
Myopic degeneration of macula/peripapillary atrophy	5	1.8%	3.1%	0.33%
Amblyopia	4	1.4%	2.5%	0.26%
Aphakia	2	0.7%	1.3%	0.13%
History of ocular trauma	2	0.7%	1.3%	0.13%
Optic neuropathy (non-glaucomatous)	2	0.7%	1.3%	0.13%
Pinguecula	2	0.7%	1.3%	0.13%
Wet advanced age-related macular degeneration	2	0.7%	1.3%	0.13%
Blind painful eye	1	0.4%	0.6%	0.07%
Choroidal melanoma	1	0.4%	0.6%	0.07%
Congenital coloboma	1	0.4%	0.6%	0.07%
Ectropion	1	0.4%	0.6%	0.07%
History of retinal detachment	1	0.4%	0.6%	0.07%
Lattice degeneration	1	0.4%	0.6%	0.07%
Macular hole	1	0.4%	0.6%	0.07%
Nystagmus	1	0.4%	0.6%	0.07%
Strabismus	1	0.4%	0.6%	0.07%
Toxoplasmosis scar	1	0.4%	0.6%	0.07%
Traumatic choroidal rupture	1	0.4%	0.6%	0.07%

Our nurses performed 475 blood pressure screening and 449 blood sugar screenings. Of those screened for hypertension, 31.6% were found to have elevated blood pressure readings (>140/91 mmHg), with the highest reading of 209/119 mmHg. Of those screened for diabetes mellitus, 19.2 % were found to have elevated blood sugar levels (>200 mg/dL), with the highest level of 561 mg/dL. Those with abnormal levels were provided verbal and written

education on the specific disease process, its impact on eye health and visual function, and its impact on vital end organs such as the heart and brain and increased risk of atherosclerotic cardiovascular disease such as heart attack and stroke. These patients were highly encouraged to go to their hospital or local healthcare provider for immediate care or further evaluation.



The charts below illustrate the percentage of pathologies for those patients screened:



The metrics for Todos Santos 2024 are as follows:

- Clinic location in Todos Santos, Baja California Sur, Mexico
- 4 days of clinic from May 20 to May 23, 2024
- 36 Sight is a Right volunteers from the United States, Canada, and Mexico:
 - 10 optometrists (plus one local), 2 MDs, 4 opticians, 2 RNs, and 18 support
- 2,259 vision exams performed
 - 1532 patients in our clinic
 - 727 patients in schools
- 702 pairs of prescription glasses:
 - 668 to be fabricated in the US and returned to our patients in 3 months
 - 34 pre-made distributed in clinic
 - 45.8% of clinic patients required prescription glasses
 - This is a record for the number of custom glasses made for a clinic, exceeding our Carhuaz, Peru 2023 clinic by 44 pairs
- Distributed ~2,530 pair of sunglasses
- Distributed ~2,152 pair of reading glasses
- Distributed medications worth over US\$415,800
- Performed 475 blood pressure screenings
- Performed 449 blood sugar screenings
- Referred over 150 patients for cataract surgery and other pathologies



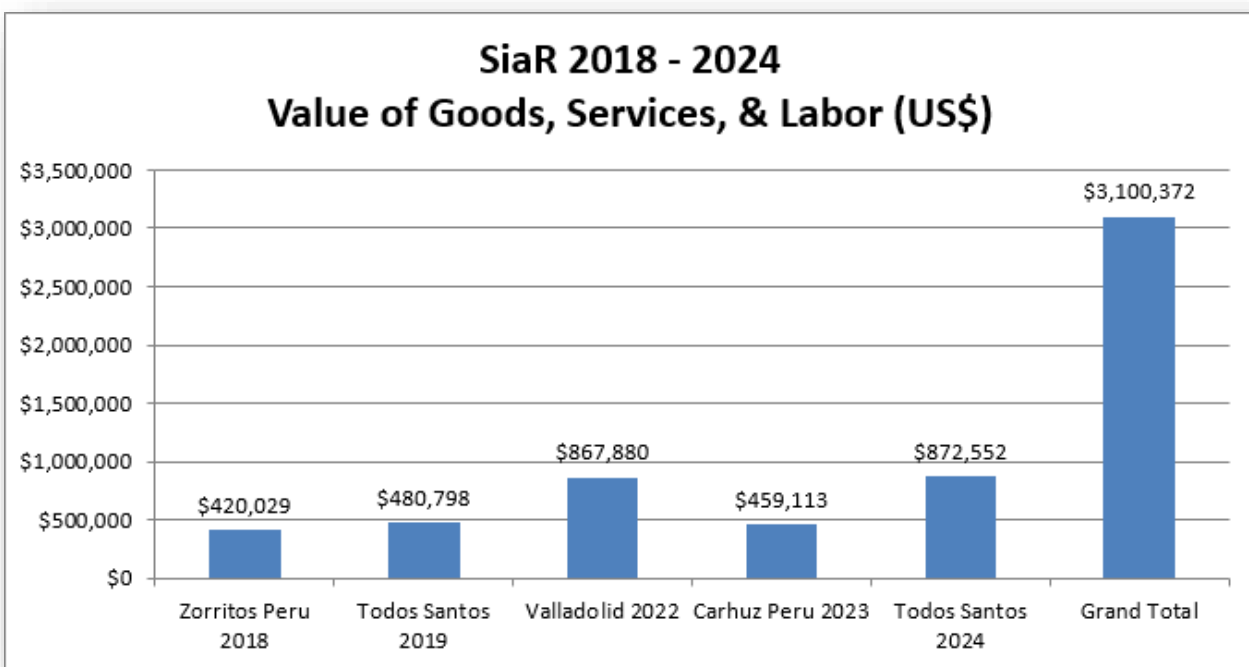
The estimated value of goods and services delivered for our Todos Santos 2024 mission is an incredible **US\$872,551**:

Sight is a Right has no paid members or staff. We are a 100% volunteer organization:

- We were able to realize ~US\$87.50 in support for every US\$1.00 spent (overall value)
 - Our total overhead for goods and services delivered is only 1.5% (cost)
 - This means 98.5 cents of every dollar spent went directly to provide goods and services
- We've delivered over US\$3.1 million in goods, services, and labor since our first mission in 2018. This includes serving 12,601 patients and distributing 25,591 pairs of glasses.



This outreach could not be accomplished without the tremendous support of our partners, sponsors, supporters, and volunteers.



Deep gratitude to our primary partner Padrino Children's Foundation/Fundación Padrino Todos Santos, who laid the groundwork for our mission – tirelessly arranging for all aspects of our local needs including food, lodging, transportation, logistics, advertising, local volunteers, and government approvals. Thank you Dr. Alejandra Peña Salguero, Nancy Naigle, Dr. Mitzy Cervantes, Edith Salvatierra, and all the other Padrino Children's Foundation members who supported the work. You are an amazing organization that does so much to serve your community. We're proud to serve with you.



Much respect to our primary supporter Todos Santos Eco Adventures / Los Colibris Casitas (tosea.net / loscolibris.com), who lodged, fed, and transported the majority of our team. Their incredible generosity and support of our work is without par. Thank you Bryan and Sergio Jáuregui for making us all so comfortable and for believing in our work.

Sincere gratitude to all of our local supporters – Iglesia De Nuestra Señora Pilar, Secretaría de Salud de Baja California Sur, Milt and Judi Stewart, Casa Bugambilias, Perro Surfero, Zocalo, Nomad Chic, Todos Santos Brewing, Señor Hoagie, Hotel Casa Tota, OPTIK, Doce Cuarenta Café,

Gallo Azul Pizza Bar, El Mercado Ranchero, Shakti Bowl, La Esquina, Tierra Santa, Oystera, Taller 17, PanVero Whole Bakery, Tiki Santos, Steve and Sheila Jagentenfl, Mark Nieman, Étnica, Barro Sur Studio, The Todos Santos Boutique Hotel, Todos Santos Private Transportation, Stephanie Vetter and Stephen Carver, St. Jude's Medical Center, El Almendro Centro de Salud, Arthur Loeb and Karen Shiller, Café La Perla, The Wallendorf Collection, Las Olas, Over the Edge Baja, Ron & Leslie Pecca, Ulalu, Pura Vida Baja, Cero Basura, Water Ways Baja, Cuatro Vientos, Jill and Marcel Vallieri, Los Hijos del Tropicos, Los Tolines, Kate Turning, and Los Adobes. Thank you all for stepping up to support your beautiful community.



Huge respect to all of our local volunteers including Jose Antonio Estrada Valdez, all of the Padrino Children's Foundation volunteers, all of the Palapa Student volunteers, and the many other community members who lent a hand to help with translation and many various tasks. Your assistance allowed us to see and communicate with many more patients. Your support will be critical when we return in 3 months with 668 prescription glasses to dispense.

Many thanks to our stateside supporters – OneSight EssilorLuxottica Foundation, americares, Great Shape! Inc. iCARE, Eye Believe Foundation, Drs. Travis & Jenna Zigler, Quest Vision Care Specialty Lab, Michael Walach, Yetta Jean Stern, Kurt Fischer, National Vision, Restoring Vision, VOSH, Walman Optical, Leon & Robyn Andris, Dr. Daniel Brown, Jamita Yizar, Dr. Craig Bowen, Cheryl Goldberg, Brenda Travis, Hector Chejfec, and Imad Abi-Saleh. Your steadfast sustenance makes all of this work possible.



Big up to the board members of Sight is a Right for your stewardship of our small, productive organization: Dr. Alex Pinhas, Jason Forbes, Dr. Dan Brown, Dr. Kathy Ward, and Mary Seguti.



And finally, deep, heartfelt gratitude and respect to all of our Sight is a Right Todos Santos 2024 mission team volunteers who travelled far, donated to our cause, and worked tirelessly to serve a grateful and deserving community with grace and love: Kathryn Anderson, Liz Ashworth, Dr. Craig Bowen, Artyce Brooke, Dr. Michael Brooke, Dr. Beverly Chado, Cheryl Chado, Rocio Esqueda-Mendoza, Monica Fabara-Poujol, Amanda Fernandes, Julianne Flammia, Dr. Sharon Gordon, Lisa Greene, Eryn Halford, Joanne Harris, Ethan James, Dr. Gary Knowles, Dr. Rose Knowles, Darcy Labare, Mary Jane Latimer, Ryan Lynch, Dr. Tim Lynch, Dr. Gabriela Miller, Dr. Alex Pinhas, Dr. Stella Pinhas, Bennett Shoop, Elyse Shoop, Cynthia Smith, Randy Thebeau, Brenda Travis, Hattie Welch, Rylee Welch, Jamita Yizar, Dr. Jenna Zigler, and Dr. Travis Zigler. You are truly my heroes as well as heroes to the people of Todos Santos. I love you all for your inspirational, selfless service to others, and your willingness to do what few others are willing to do. Keep being awesome!



“We need more light about each other. Light creates understanding, understanding creates love, love creates patience, and patience creates unity.”

– Malcolm X

We look forward to serving many more communities in the years to come. At Sight is a Right we believe that healthcare is a fundamental human right that should be available to everyone regardless of their economic circumstances. We identify underserved communities throughout the world and provide them with free healthcare services, with the primary focus of eye care. Everyone deserves vision! ¡Todos merecen ver!

Blessings and thank you,



Steven Stern

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Sight is a **Right**



Baja coast looking north