iCARE Mandeville 2026 Report
October 29, 2026

Dear iCARE Partners, Supporters, and Volunteers,



The Great Shape! Inc. iCARE program has completed our first mission in Manchester, Jamaica – our 8th parish. It was our smallest ever iCARE team consisting of 13 dedicated volunteers. To ensure that our efforts helped as many as possible in the town of cool, cool Mandeville, our dedicated team started serving patients before 9:00 each morning and never left clinic before 7:00 each evening. Our primary sponsors were Golf View Hotel and The Garden Hotel, who generously lodged the team and provided most of our meals, and QVC Financial Solutions, who provided our in-country transportation.



In total we served 1,151 patients, an amazing number considering the size of our team and the large number of geriatric patients. We provided full eye exams with pathology, referrals, health screening with education for diabetes and hypertension, and glasses (reading, sun, and prescription). 55 received pre-made prescription glasses and another 574 will be custom-made using a frame of our patient's choice. 54.6% of our patients required prescription glasses. The custom glasses will be personally returned and fitted in January.

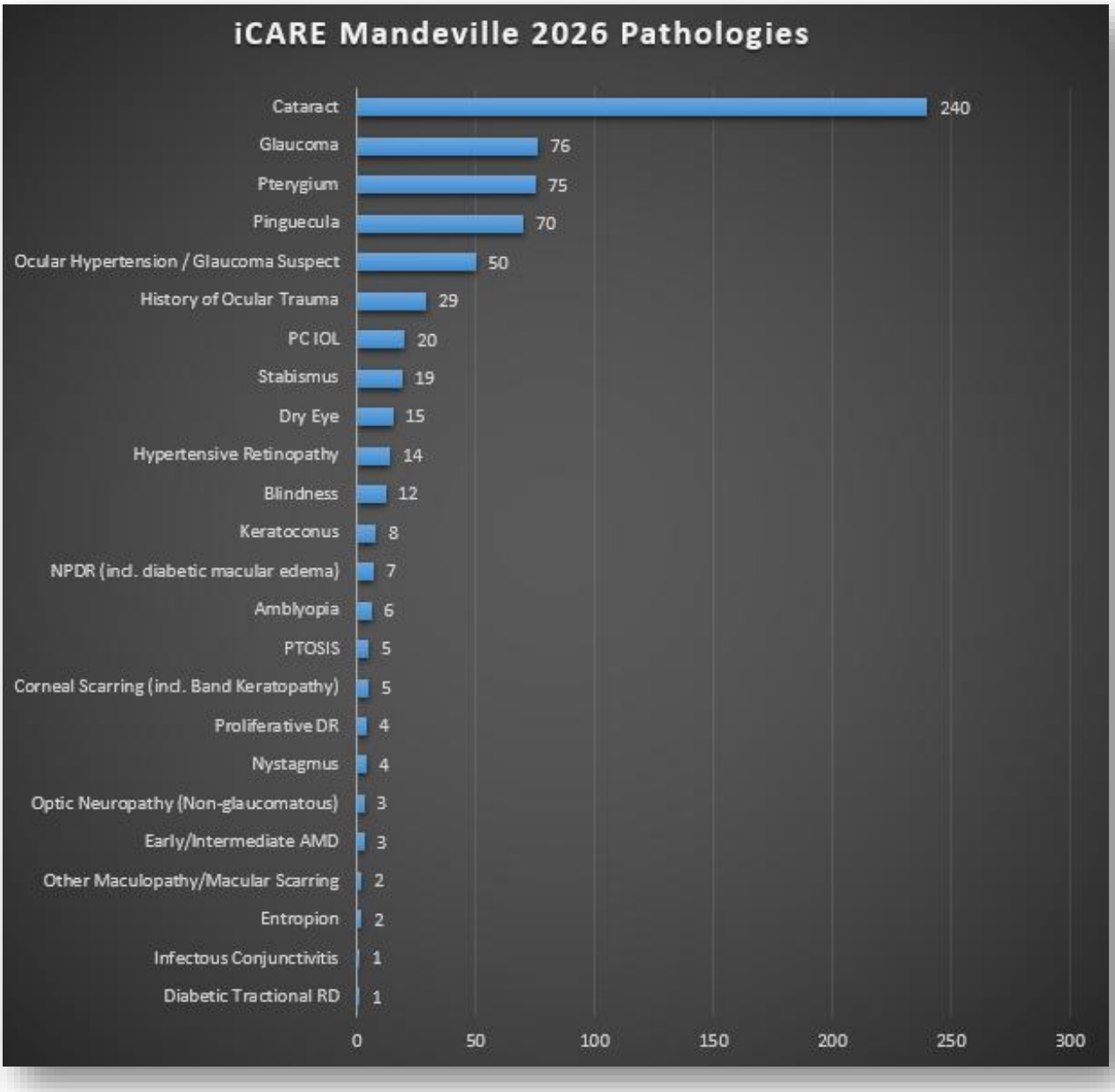
The predominance of pathologies discovered were cataract, glaucoma, pterygium, pinguecula, and ocular hypertension (see graph below). ~3.9% of in-clinic patients had primary open angle glaucoma. They received IOP lowering medications and a referral to follow up with a local ophthalmologist, as required.





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The following graph outlines the 671 pathologies diagnosed in our clinic, where one or more cases were discovered:



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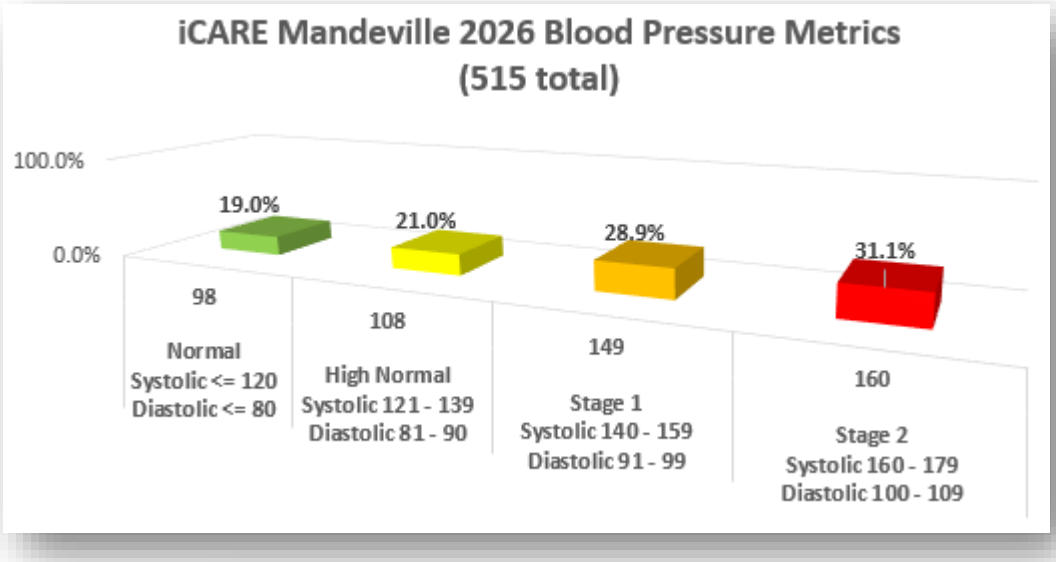
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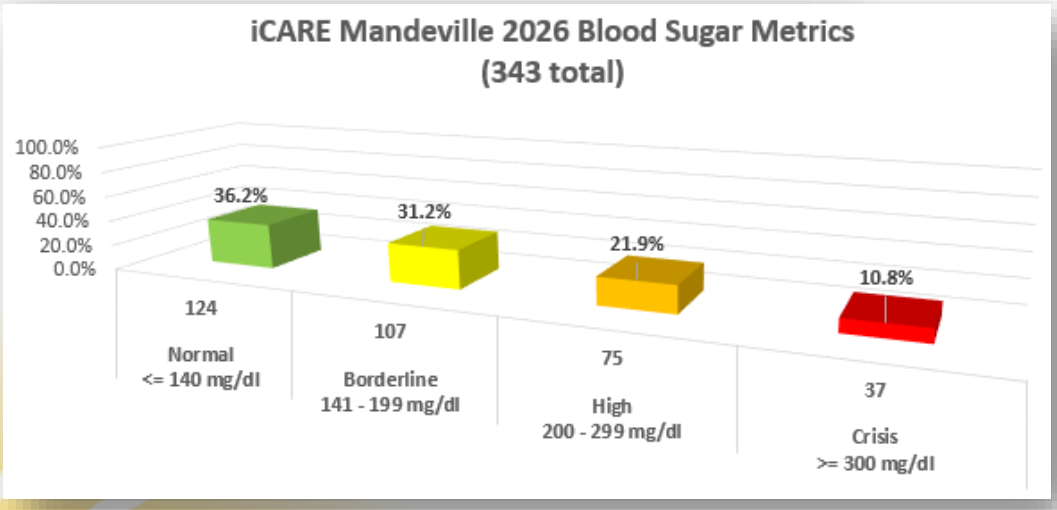
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Our health evaluation team screened patients over 50 years of age with a family history of hypertension, diabetes, those not recently tested, or those who asked for a test. Anyone exhibiting unhealthy levels were educated on methods to restore/maintain health and referred to their local health care provider for immediate care.



81% of those screened for hypertension exhibited higher than normal blood pressures (see graph). The highest blood pressure was recorded at 243/117. For diabetic screening, 63.8% exhibited higher than normal blood glucose levels (see graph). The highest glucose level was recorded at 560.





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The metrics for iCARE Mandeville 2026 are as follows:



- 13 volunteers from the United States and Canada
    - 3 optometrists, 6 opticians, 1 RN, and 3 support
- Clinic Site:
    - Mandeville Baptist Church
        - Monday to Friday, October 19 to 23, 2026
        - 1,151 patients
- 629 pairs of prescription glasses:
    - 574 pairs to be fabricated in the US and returned to our patients in January
    - 55 pre-made pairs distributed in clinic
    - 54.6% of clinic patients required prescription glasses



- Distributed ~1,259 pairs of sunglasses
- Distributed ~516 pairs of reading glasses
- Distributed medication worth US$299,240
- Distributed 1 cane for the blind or profoundly vision impaired
- Performed 515 health screening for hypertension with education
- Performed 343 health screenings for diabetes with education

The estimated value of goods and services delivered for our iCARE Mandeville 2026 mission is an incredible **US$676,570**.

Since our inception 17 years ago, iCARE has conducted 37 weeks of clinics and 8 weeks of cataract/MIG surgery – providing the following critical services and goods free of cost to the beautiful people of Jamaica, Turks & Caicos, Antigua, St. Lucia, Barbados, The Bahamas, Grenada, and Saint Vincent and the Grenadines at a conservatively estimated total value of over **US$23.51 million** in goods and services.



This includes:

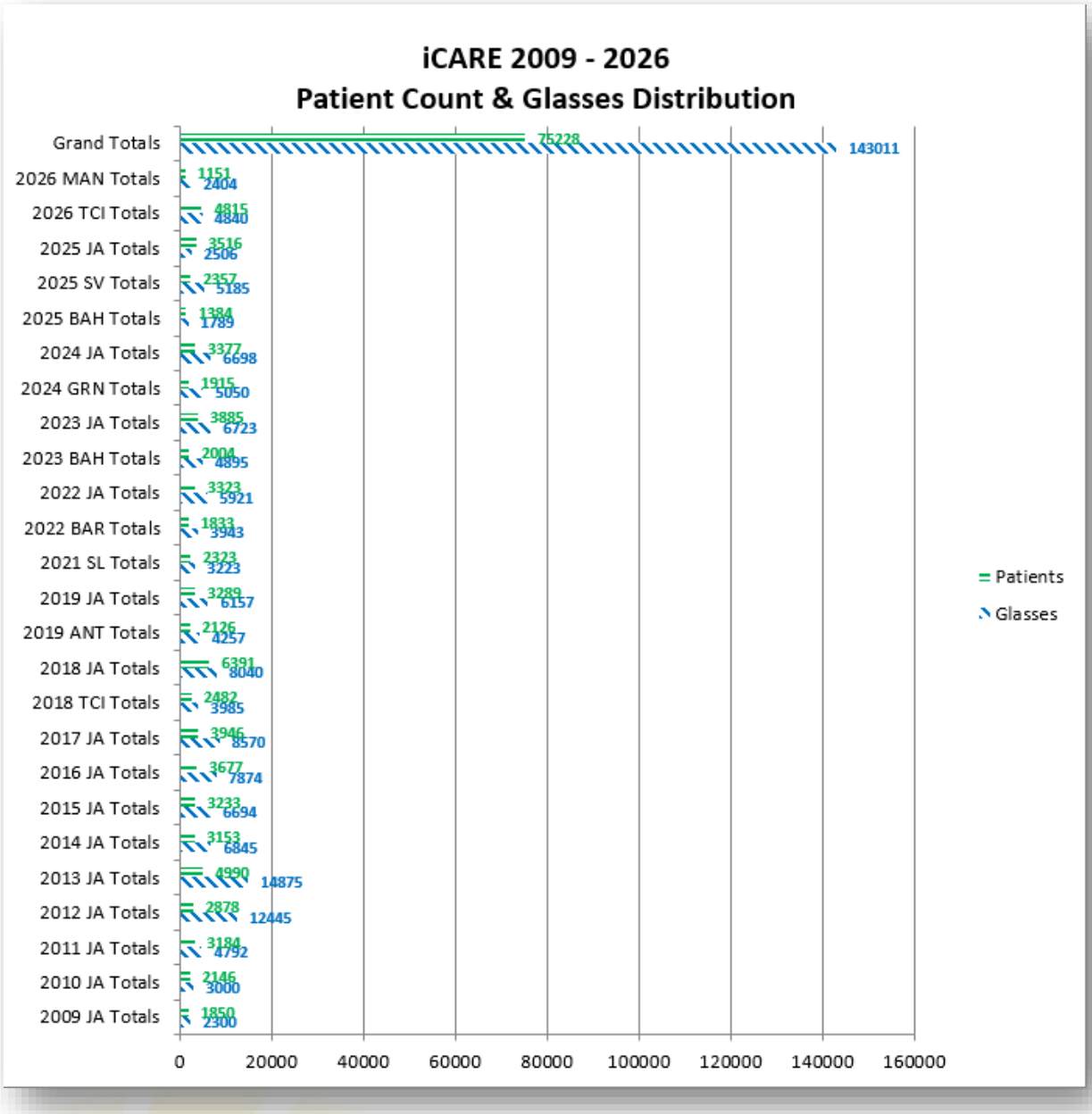
- **75,228** eye exams and procedures – includes 323 cataract surgeries, 77 MIG surgeries, 943 SLT (glaucoma) laser procedures, 238 PRP (diabetic retinopathy) laser procedures, 2 laser retinopexies, 1 IOL reposition, and 1 ectropian
- **143,011** glasses (prescription, reading, and sunglasses)

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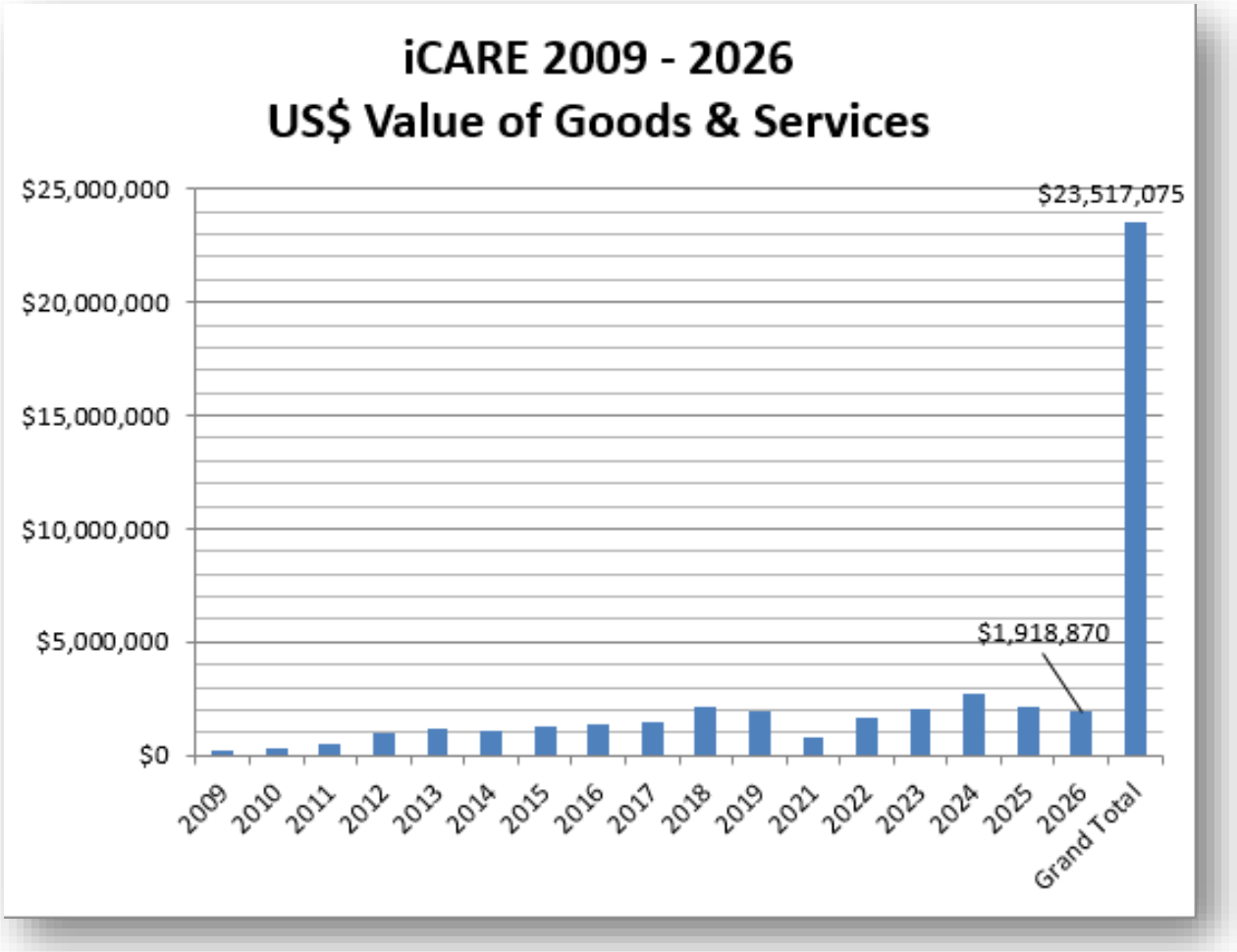
The following graphs illustrate our patient & glasses totals and the value of goods & services over the 18 years of the program. Note that patients receiving both eye exams/services and laser procedures or surgery are counted twice in this graph, as they are separate treatments:



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Many thanks and gratitude to Golf View Hotel, The Garden Hotel, and QVC Financial Solutions for your commitment and generous support of this life-changing work. Thank you Mr. Peter Campbell, Mrs. Kemilee Campbell, Mr. Keitho Nembhard, Mr. Garfield Virgin, Ms. Tanielle Elliott, Mr. Garren Brown, and Ms. Shauna-Gaye Marshall.

Also thank you to the Jamaican Ministry of Health and Wellness, Mandeville Baptist Church, Pastor Kirk Pinnock, Dr. Gavin Henry, Marques Johnson, Pamella Powell, LIAL Global, Hugh (Sonny) Renford, Anthony Feron, Kardie King, Leanna Spencer, Ultimate Dining & Lounge, Father Bull, Allied Real Estate, Peter Mc and Associates Attorneys-at-Law, O&D Pest Control, Devon and Gail Edwards, Fish Roadside Jerk Centre and Bar, Hannah, Arlene, all of the community volunteers, and the entire staff of Golf View Hotel and The Garden Hotel for taking such great care of us.

Special thanks to Jamita Yizar, Tiffany Delaney, Joseph Wright, Jason Forbes, Sight is a Right, ABB Optical Group, James Arnold, Joanne Harris, Michael Walach & Quest Vision Care Specialty Lab, americares, Drs. Travis & Jenna Zigler & Eye Believe Foundation, National Vision, Eight to Eighty Eyewear Inc., Brenda Travis, Kurt Fischer, Leon & Robyn Andris, Yetta Jean Stern, Cheryl Goldberg, Dr. Ellen Reh, Restoring Vision, and all of our returnee volunteers and supporters.









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Finally, thank you so much to the iCARE Mandeville 2026 team who traveled from the US and Canada. You all stepped up to serve on our small team, working diligently for very long hours to accomplish all that we did and to treat as many as possible. Every one of you contributed greatly to our incredible success, especially given the size of our team. The Jamaican expression “Wi likkle but wi tallawah” was never more apropos. Big up Jamita Yizar, Jennifer Torres, Carolyn Stephenson, Laurie Pierce, Gabriela Miller, Bella Fidalgo, Terryann Davy, Cindy Cork, Laurie Conti, Lita Chambers James Arnold, and Shalom Anderson!

Your hard work and selfless service to others is inspirational and the manifestation of **One Love** in practice. It is an honor and privilege to serve with you. You are superstars!



The ends you serve that are selfish will take you no further than yourself but the ends you serve that are for all, in common, will take you into eternity.
— Marcus Mosiah Garvey

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This is our last mission of 2026. We are excited about all of the communities we will serve during several more clinics in 2027. Keep an eye out for new locations, life-changing results, and opportunities to serve. Come join us.

Blessings, thank you, and one love,

Steven Stern
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