



Sight is a Right

May 11, 2019

Todos Santos 2019 Mission Report

Dear Sight is a Right Partners, Sponsors, Supporters, and Volunteers,

I am pleased to announce that Sight is a Right has completed our mission in Todos Santos, Baja California Sur, Mexico. This project was another huge success. Our incredible, dedicated, hard-working team was able to serve 3,113 patients during just 4 days of clinic and, simultaneously, 3 days of school screenings.



It was a privilege and honor to partner with [Padrino Children's Foundation](#), a community focused non-profit organization providing access to professional healthcare and wellness services for economically disadvantaged children in Todos Santos and the surrounding area. They are an incredible group of individuals with big hearts who do so much to support children in the community.



Our team of 30 arrived in Todos Santos on Saturday, March 30. We were generously sponsored by [Los Colibris Casitas](#) and [Casa Flores Casitas](#), both in the La Poza district of town where beautiful views abound. The majority of our meals were also prepared by Los Colibris Casitas. The accommodations were wonderful and the team was kept happy and comfortable.

Our clinic was located in the heart of town at the [Prof. Nestor Agundez Martinez Centro Cultural](#) (Casa de la Cultura), in the library

portion of this beautiful, old building with its spectacular murals, charming courtyard, and large covered porch. With its thick, plastered walls, the space remained cool throughout the day. Thanks to Padrino Children's Foundation, the clinic was well advertised with large banners throughout the pueblo and an announcement car spreading the word. Each day we were met with good sized crowds of people happy to be receiving free, life-changing eye care.

We also conducted school screenings in all five of the local schools. Students were examined by our team, and those found to have eye issues were given referral forms for our clinic where they received the further care they required.



All of our supplies were hand carried by the team into the country. We ensure that each and every patient gets the glasses they need – whether it be reading glasses, prescription glasses, or both. We brought a large assortment of prescription glasses. If a suitable pair was not available, the patient was fitted with a chosen pair of frames. We will make their glasses in the US and return them later in the year.



Our clinic diagnosed a wide variety of ocular pathology. ~270 referrals were made for pterygia, cataracts, glaucoma, and diabetic retinopathy. Hundreds of patients also had cataracts and pterygia to a lesser extent that did not require referral. Our patient population included a high percentage of outdoor workers and therefore pterygia and cataracts were the most common pathologies encountered. We counselled extensively on the importance of wearing sunglasses, and made sure everyone left with a good quality pair as part of our complete care.

Our nurse and local nursing assistants performed approximately 550 blood pressure and glucose level screenings. Of those screened, nearly 55% were identified as having either mild to moderate hypertension and/or hyperglycemia, and roughly 10% were found to have severe, life-threatening hypertension (>180/110) and/or hyperglycemia (> 400mg/dL). Individuals with elevated blood pressure or glucose levels were provided verbal and written education on the specific disease process, its impact on eye health, visual function, and quality of life, as well as referred to appropriate, local healthcare providers for further evaluation or immediate care.



The metrics for the Sight is a Right Todos Santos 2019 project are as follows:

- Clinic location in Todos Santos, Baja California Sur, Mexico
- 4 days of clinic from April 29 to May 2, 2019
- 30 volunteers from the United States and Canada:
 - 9 optometrists, 5 opticians, 1 RN, and 15 support
- 3,113 vision exams:
 - 1,882 in clinic
 - 1,231 in school screenings
- ~565 pair of prescription glasses (30% required glasses):
 - ~395 pair dispensed in clinic
 - 170 custom pair to be fabricated in the US and returned to our patients
- Distributed ~3000 pair of sunglasses (some to be delivered to local schools later)
- Distributed ~1800 pair of reading glasses
- ~270 referrals for additional treatment/concerns
- Distributed medications worth over US\$78,600
- Performed ~550 blood pressure / blood sugar screenings



| Date of Service | CLINIC | | | | SCHOOLS | | | PRESCRIPTION GLASSES | | Total Served |
|-----------------|-------------|------------|--------------|------------|-------------|------------|-------------|----------------------|------------|--------------|
| | Patients | Referrals | % of Refs. | Nursing | Patients | Referrals | % of Refs. | In Stock | Custom | |
| Monday, 4/29 | 380 | 50 | 13.2% | 125 | 623 | 31 | 5.0% | 77 | 37 | 1003 |
| Tuesday, 4/30 | 482 | 70 | 14.5% | 138 | 524 | 75 | 14.3% | 98 | 47 | 1006 |
| Wednesday, 5/1 | 526 | 80 | 15.2% | 150 | Holiday | | | 116 | 42 | 526 |
| Thursday, 5/2 | 494 | 70 | 14.2% | 137 | 84 | 16 | 19.0% | 104 | 44 | 578 |
| Totals: | 1882 | 270 | 14.3% | 550 | 1231 | 122 | 9.9% | 395 | 170 | 3113 |

The value of goods and services delivered for our Todos Santos 2019 mission is ~US\$480,797:

- Sight is a Right has no paid members or staff. We are a 100% volunteer organization.
- We were able to realize ~US\$74.90 in support for every US\$1.00 spent (overall value)
- Our total overhead for goods and services delivered is only 1.4% (cost)
 - That means 98.6 cents of every dollar spent goes directly to goods and services

This outreach could not be accomplished without the tremendous support of our partners, sponsors, and supporters. Thank you to Los Colibris Casitas, Todos Santos Eco Adventures, Bryan and Sergio Jáuregui, Padrino Children's Foundation, Dr. Alejandra Peña Salguero, Nancy Naigle, Nancy Serfas, Casa Flores Casitas, Barb Perch, Essilor Vision Foundation, Quest Vision Care Specialty Lab, Michael Wallach, Eye Love Cares Foundation, Great Shape! Inc.



iCARE, Alcon, Allergan, Interviz

LLC, VOSH, Northwest LERC, Walman Optical, Restoring Vision, National Vision, Leon and Robyn Andris, Christof and Janne Dreyer, Cheryl Goldberg, Imad Abi-Saleh, Laura Cooley, Iris Andris, John Sinno, Drs Eyecare Family Vision, and everyone else working behind the scenes.



Huge thanks to all of our other great local sponsors including Secretaria de Salud de Baja California Sur, Casa de la Cultura, The Hotelito, Jenny Armit, Hotel Casa Tota, Miguel Ochoa, Todos Santos Brewing, Liz Mitchell, La Bohemia Baja Hotel Pequeno, Hotel Guaycura, Cafelix, Kathy Cate, Judy Welch, Cathy Curry, Janelle, Phyllis, Jan Turner, Karen Haley, Sergio at La Casita, Sheila and Steve Jagentenfl, Don and Cindy Black, Pat O'Connell, Mario's Surf School, San Benito Pharmacy, Romex, Cathy Warnert,

Larry Taub, Mike and Mir Lund, Angelina, and Collette for making me laugh.

Special thanks to Dr. José Antonio Estrada Valdez and all of our many local volunteers. Also to the Board of Sight is a Right: Dr. Dan Brown, Dr. Kathy Ward, Mary Seguti, Teresa Contreras, and Jason Forbes.

And finally, deep, heartfelt gratitude and respect to all of our Todos Santos mission team volunteers who travelled far, donated to our work, and worked tirelessly through thick and thin to serve a grateful and deserving community: Dr. Gary Knowles, Dr. Rose Knowles, Dr.



Travis Zigler, Dr. Jenna Zigler, Dr. Trish Campbell, Dr. Dean Bennett, Dr. Gabriela Miller, Dr. Tim Lynch, Dr. Rebecca Horner, Sherry Phillips, Yvonne Pelkey, Carolyn Brecht, Liz Ashworth, Toni Crummett, Doug Sandmann, Erin Sandmann, Mary Abbott, Mary Jane Latimer, Brenda Travis, Sarah Bennett, Mark Ellis, Lucinda Tesch, Chris Bennett, Becky Pickett, Ryan Lynch, Adam Pixler, Eryn Halford, Tori Rush, and Barbara Notarangelo. You are truly my heroes and I love you all for your inspirational, selfless service to others.

We look forward to serving many more communities in the years to come. Sight is a Right believes that healthcare is a fundamental human right that should be available to everyone regardless of their economic circumstances. We identify underserved communities throughout the world and provide them with free healthcare services, with the primary focus of eye care. Everyone deserves vision!

Blessings and thank you,

Steven Stern
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